



UNIVERSIDAD
DE ALMERÍA



UAL-UNIGreen Travel Award 2024

GUIDE

To your sustainable journey
to the University of Almeria

YOUR SUSTAINABLE JOURNEY TO ALMERIA STARTS HERE!



- ▶ The main purpose of this guide is giving you some tools to organize your sustainable journey to the University of Almeria. As part of the Erasmus+ mobility and [Green Erasmus](#), the focus is on improving environmental sustainability through international mobility programmes. Why is it important to choose sustainable transport as a train or a bus?

The Green Travel Award aims to bring awareness towards the ecological crisis and to foster participation in climate mitigation strategies related to transport, focusing on the importance of taking part of change with actions. [Sustainable transport](#) plays a huge role in climate change mitigation both as a plan to improve better air quality in cities and to reduce greenhouse gas emissions that are responsible for global warming.



If you are wondering what might be your carbon footprint...

We invite you to [calculate your travel carbon footprint](#) and take part of the challenge by choosing a sustainable transport when travelling, in particular for your journey to and from your home university to Almeria!



USEFUL WEBSITES TO PLAN YOUR JOURNEY



Rome2Rio

<https://www.rome2rio.com/es/>

Trainline

<https://www.thetrainline.com/es>

GoogleMaps

<https://www.google.com/maps>

Omio

<https://www.omio.com/>

Eurail

<https://www.eurail.com/en/plan-your-trip/railway-map>

PLAN YOUR JOURNEY BY BUS



FlixBus (All Europe)

<https://www.flixbus.co.uk/>

Bus Bam (Madrid - Almería)

<https://www.busbam.com/>

AlsaBus (Spain)

<https://www.alsa.com/en/web/bus/home>

Rede expressos (Portugal)

<https://rede-expressos.pt/en>

PLAN YOUR JOURNEY BY TRAIN



Renfe AVE (Spain)

<https://www.renfe.com/es/en>

Iryo (Spain)

<https://iryo.eu/en/home>

Trenitalia (Italy)

<https://www.trenitalia.com/en.html>

OIUGO (France and Spain)

<https://www.ouigo.com/en/>

SNFC (France)

<https://www.sncf-connect.com/en-en/>

DB Deutsche Bahn

<https://int.bahn.de/en>

TRAVEL BY BICYCLE



Eurovelo

<https://en.eurovelo.com/>

<https://www.eurovelospain.com/en/>

Ready to start your adventure?

EMBRACE SUSTAINABILITY WHILE TRAVELLING TO THE UNIVERSITY OF ALMERIA!

CHOOSE YOUR COUNTRY OF ORIGIN AND BEGIN TO PLAN YOUR SUSTAINABLE JOURNEY!

GERMANY

From Berlin

Berlin → Paris (DB Deutsche Bahn + SNFC Tgv)

<https://int.bahn.de/en>

<https://www.sncf-connect.com/en-en/>

Paris → Barcelona (Flixbus)

<https://www.flixbus.co.uk/>

Barcelona → Almeria (AlsaBus)

<https://www.alsa.es/>

ITALY

From Milan

Milan → Barcelona (FlixBus)

<https://www.flixbus.co.uk/>

Barcelona → Almeria (AlsaBus)

<https://www.alsa.es/>

From Turin

Turin → Barcelona (FlixBus)

<https://www.flixbus.co.uk/>

Barcelona → Almeria

<https://www.alsa.es/>

From Rome

Rome → Florence (Trenitalia)

<https://www.trenitalia.com/en.html>

Florence → Marseille (Flixbus)

<https://www.flixbus.co.uk/>

Marseille → Madrid (Renfe)

<https://www.renfe.com/es/en>

Madrid → Granada (Renfe or Iryo)

<https://www.renfe.com/es/en>

<https://iryoeu.eu/en/home>

Granada → Almeria (Alsa Bus)

<https://www.alsa.com/en/web/bus/home>

FRANCE

From Paris

Paris → Barcelona (FlixBus)

<https://www.flixbus.co.uk/>

Barcelona → Almería (AlsaBus)

<https://www.alsa.es/>

From Lyon

Lyon → Barcelona (Renfe AVE)

<https://www.renfe.com/es/en>

Barcelona → Almería (AlsaBus) <https://www.alsa.es/>

PORTUGAL

From Lisbon

Lisbon → Albufeira (Rede expressos)

<https://rede-expressos.pt/en>

Albufeira → Almeria (Union Ivkoni)

<https://union-ivkoni.com/en/routes>

POLAND

From Krakow

Krakow → Montpellier (FlixBus)

<https://www.flixbus.co.uk/>

Montpellier → Barcelona (FlixBus)

<https://www.flixbus.co.uk/>

Barcelona → Almeria (AlsaBus)

<https://www.alsa.es/>